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STOP, DROP & ROLL

Stop, Drop & Roll is the response fire personnel teach people to do if their clothing catches on fire. Although this technique is usually taught in school, children who aren't in school yet can still learn fire safety, and how to stop, drop and roll if their clothing catches on fire.

Step One

Explain to your child you are going to go over some fire safety lessons, and that you are going to teach them what to do if their clothes ever catch fire.

Step Two

Teach your child that **Stop, Drop & Roll** can save their lives if their clothes ever catch on fire.

Step Three

Tell your child that if their clothes ever catch on fire they need to stop whatever they are doing and drop to the ground.

Step Four

Demonstrate to your child how to drop to the ground or floor

Step Five

Roll back and forth until the fire is extinguished.

Step Six

Teach your child to cover his mouth and nose while rolling, to protect his airways from injury.

Step Seven

Practice **Stop, Drop & Roll** at home with your child. Tell them that if they see anyone else's clothes catch fire, to yell "**Stop, Drop & Roll**" and to find an adult and call 911.